Rotary
Kisugu - Victoria View
SERVE TO CHANGE LIVES

ROTARY CLUB OF KISUGU VICTORIA VIEW

THE BUZZ

November Issue

PRESIDENTIAL MESSAGE



Shekhar Mehta
2021-22 RI President
August 2021

I first discovered the value of service when I saw how a few simple acts can immeasurably change lives. It began when I joined others in my club for a project to bring toilets and clean drinking water to rural villages near our city. It moved forward when we promoted sanitation and provided opportunities for education across the country, thanks to generous gifts from supporters who believed in our projects as much as those of us on the ground did.

There is no better time of the year to be reminded of that generosity than November, which is Rotary Foundation Month.

As the charitable arm of Rotary International, The Rotary Foundation is the engine that powers so many Rotary projects throughout the world. The Foundation transforms your gifts into projects that change lives. It is the Foundation that helps us to get closer to our goal of eradicating polio, to show more people how we promote peace through tangible actions, and to demonstrate the impact our projects have in our areas of focus.

Consider some recent projects that were made possible by the Foundation:

- The Rotary clubs of Guatemala La Reforma, Guatemala, and Calgary, Alberta, received an $80,000 global grant to organize a comprehensive plan to train nurses and rural health care workers to prevent and treat cervical cancer and to implement a sustainable system of referrals in seven regions of Guatemala.
- More than two dozen hospitals in Honduras received personal protective equipment for their medical staff thanks to a $169,347 global grant sponsored by the Rotary clubs of Villa Real de Tegucigalpa, Honduras, and Waldo Brookside-Kansas City, Missouri.
- The Rotary clubs of Cotonou Le Nautile, Benin, and Tournai Haut-Escaut, Belgium, received a $39,390 global grant to provide agricultural training at an ecologically responsible permaculture mini-farm connected to a center for children in Sowé, Benin. This will help a new generation of farmers become economically self-sufficient.

I like comparing The Rotary Foundation to the Taj Mahal, a monument of one man's love for a woman. The Foundation is a dynamic monument of our love for all of humanity.
This month I am asking all Rotary clubs to bring attention to the Foundation. It is what connects all Rotarians worldwide and transforms our collective passions into projects that change lives. Visit **rotary.org/donate;** once there, you will have an opportunity to give directly to the program you're most passionate about.

Thank you for giving your all to Rotary. You are the reason that Rotary is able to *do more* and *grow more.* Let's continue to represent that important legacy this month, this year, and beyond as we *Serve to Change Lives*.

ROTARY CLUB OF KISUGU VICTORIA VIEW MEETS EVERY TUESDAY AT HOTEL INTERNATIONAL MUYENGA AT 7PM

BUDDY GROUPS In CHARGE EMPUNGU - NOVEMBER

THE ROTARACT CLUB OF KABALAGALA MEETS AT CHEZ JOHNSON HOTEL - MUYENGA AT 4PM



November is the Rotary Foundation Month



Date: **27th November 2021**
Start Time: **8:00 am**
E-Ticket
Students : **Ugx 20,000**
Adults: **Ugx 25,000**
Payment
Airtel Merchant Code - 1185930

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+265772049707



HENRY KIRUMIRA
Change Maker President

PRESIDENTIAL MESSAGE

A Reflection on the 120 Days of My Presidency At K-VV

Dear Friends,
We have come to the end of the first 120 Days of the Rotary year or as is said in some of the management circles the first 100 days.

The 120 Days of my Rotary year have been embraced with District 9214 Governor Young Kimaro virtual visit to the club and The Rotary International President visit to Uganda.

July (New leadership), August (Memberships and Extension), September (Literacy and basic education), October (Economic and Community Development), Months have now all passed and we start a new theme month November (Rotary Foundation).
Contributing to the foundation is a particular focus for the Rotary Club of Kisugu-Victoria View, with a recent donation drive towards the End Polio Campaign, where every member contributed, this is in addition to contributions toward PHFs and Annual Fund.

Zoom! Zoom!
In working with the new norm of digital meetings, I have now lost count on the number of hours I have spent on Rotary digital (or Zoom) meetings.

In a big departure from the norm, this virtual meeting opportunity has made it possible for me to have various meetings with different Rotary clubs around the world.
The Rotarians of Kisugu-Victoria View Rotary Club are motivated because they believe in what our Club is about and wants to achieve."

Being 'relevant' is something that we don't address lightly. Starting with their branding, everything from its logo to its communications has been strategically designed to ensure it is creating a very deliberate impression – one that is reflective of current trends and expectations.

And, it's taking full advantage of social media, being active on all platforms.

Outside of regular meetings, the club has began working on a number of projects, majorly Global Grant, that includes focus on local community, health and financial issues, as well as the youth, Also, of importance is that we become even better stewards of our Global Grants by reporting back on time.

With 2021 only just begun, we look forward to hearing more from the Club and the exciting projects that will be undertaken.

God bless and thank you.
Change Maker President
Henry Kirumira

EDITOR'S NOTE



Dear Rotarians and Rotaractors,
Each year, Rotary International highlights November as Rotary Foundation month to emphasize the importance of and need for Rotarian support of the Rotary Foundation.

This is when we all focus to give to make a difference to our communities through the Foundation. Each Rotarian reflects on the commitment to the money we give which transforms into projects. It is therefore our duty to attract more members to the cause to widen the contribution basket to make the world a better place.

Let us all enjoy the Newsletter as we attract friends and loved ones to this noble cause.

Rtn Ruth Namutebi



SAVING MONEY FOR SELF-ENRICHMENT AND IMPACTING OTHERS

By Virginia Kanyange

Introduction

Saving money is an art and a consciously planned practice intended to ultimately arrive at financial liberation, stability and masterly. A lot can be said about saving money but it makes no sense until it is put into practice. In this article I will suggest simple ways of how to save money, summarize how to contribute towards some community service activities, and how to improve one's finances.

> ‘ The governor has said his focus is on reducing expenditures. Right now, the treasurer and the members of his staff are scrubbing the budget, trying to find out places where they can save money.’
>
> Anthony Coley



Rct King Caesor University ROLI treasurer Uganda, RID9214

Ways of Saving Money

Regarding simple ways of saving money, first and foremost, it is important to think of creating a saving system. Three important components of this involves three areas: savings, spending, and sharing. Allocate percentages to each of the three items. For instance, savings take 30%, spending is allocated 50%, and sharing is given 20%.

Opening a savings account in a bank is necessary to ensure the saved money is safe. Decide on the frequency of when to deposit into savings account. Will money be saved weekly or monthly? Keep a record of the receipts as a proof of what is banked and what is withdrawn and spent. It is a good evidence to help one or the auditors to track down the deposit and withdraw activities.

A good saving culture must be guided by set goals which may include among others what will the saved money do. For instance, do you intend to start a small-scale business of baking bread or a mobile restaurant selling soft drinks and quick packed meals?

Create a culture or a discipline where the expenditures do not surpass the savings. The golden rule here should be to save before spending to avoid the risk of spending more and saving less or none. This means, one should prioritize areas to spend on the saved money which will reflect value for money. Eliminating unnecessary expenditures is a sign of maturity.

It is important to think of the sources where money to be saved will come from. Will it be saved from upkeep money, financial gifts, writing projects, a pull of friends and well-wishers, reduction on unnecessary expenditures on airtime, MBs, decrease on travel expenses on boda boda or taxi fees by adopting a “walk to walk” practice on certain days or routes? Think of selling stuff such as establishing a university canteen and stock it well and target the university community while employing high customer care services.

Serious people who multiply their financial gains or blessings operate using a budget. Start small but with a clear vision, big expectations, and ambitions. Do not be afraid of being ambitious or even take risks and then learn from the mistakes if they occur. The rule here should be rather fail than surrender.

Furthermore, consider creating another fund for emergencies to cater for disasters such as destructive rain falls, overflooding in cities, and so on. This will help the savings account to maintain funding the activities that are stipulated in its goals.

I strongly recommend to separate a savings account from spending account. This will protect and allow the savings account to grow without interruption and to avoid the pressures of the day-to-day expenses.

Contribution towards Community Service

A few suggestions will be presented here. Firstly, this should be done within the financial abilities we have at our disposal. Some needs of the community are vast and vary in intensity. Drawing or re-drawing a list of the areas that are currently available to fund is vital to ensure that we do not overstretch our financial capabilities. Secondly, we need to harmonize what we can do and probably what others who are better in financial matters can do. Thirdly, a reassessment of the impact of what has been done will help us to measure the impact of our work in the community we serve. Lastly, there is need to invite partners to support our efforts and activities this is likely to strengthen our ties in the corporate world.

Improving One's Finances

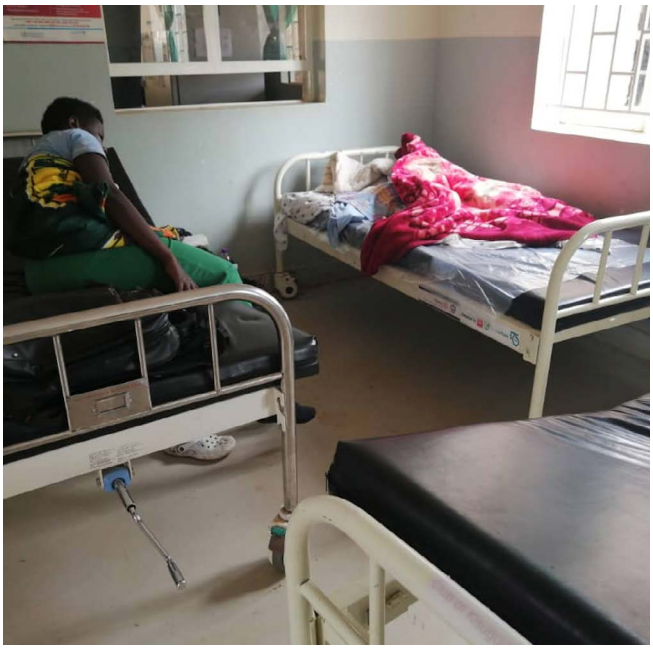
While it is important to contribute immensely to society in and through a group like ours or another organization, it is also significant to bringing the culture of saving to a personal level. Good saving can potentially trigger off opportunities that can lead into creating personal businesses from which one can become a donor to communities like Sudhir Ruparelia, Gordon Wavamunno, and Patrick Bitature among others.

Conclusion

This article has highlighted the various methods of saving money our group may use to increase money, how to assist those in need in our community, and how to improve one's finances. It is hoped when the correct discipline is followed, remain focused on the set goals, with ambition and determination, a lot will be achieved. And the sky will be the limit. A luta continua.

The Rotary Spirit

On 2nd November 2021 while in Kaliiro HC III where the Rotary Club of Kisugu Victoria View donated beds. Doris was walking through the corridors and found a teenage mother in labour when the nurses were telling her to provide gloves yet all she had come with was a plastic sheet for the bed.



Luckily, The Remnant Generation happened to be carrying out their monthly free antenatal and scan services for teen moms at the same Health Centre and they were going to give them the Mama Kits donated by RC KVV. She run off to the vehicle and came back with a kit and the Nurse immediately attended to her and she left her in the labour ward, poor girl!

The little things we do for others make us real rotarians.

Cheers

Rtn Doris Mitti Kimuli

SOCIALIZING WHILE EXERCISING

How can I explain what great satisfaction I have derived from being part of three hash groups i.e. Makindye Cohort, Kimeeza and Muyenga. We experience the tortuous hills together, we laugh at every joke and we enjoy the beautiful scenery of Kampala together and end up enjoying each other's company.

This year has been a year of working on becoming healthier. Each of the groups have their own set up which makes the meetings more unique. For instance the Muyenga hash group is associated with His highness Graces Joint, where people indulge in eating ears and singing to the tunes of Amarula. Our most active member turned 70 last week.

Infact we had a challenge of 70 km a week leading to his 70th Birthday. Only 4 completed and our birthday boy was one of them. On the day of the birthday we walked 15km, so much fun laughing, and we were joined by the cricketers and hashers from Kimeeza and Muyenga hash group.

With Makindye Cohort all members are from the Rotary Fraternity mainly from Ssese Club, which we call Fitness Fun Group and we meet every other Sunday and hosted by a member purposely for



walking and socializing. This Sunday we walked in Kololo as our hosts were launching their new pad Maritino Lounge on Prince Charles Avenue. It was a day of touring Kololo and its neighborhood, not forgetting the hills and the scenery of Kampala town. Along the way we bumped into other eager fitness individuals like the MD of NSSF. The walk was rounded off with Muchomo, Katogo and dancing.

This month we also set up a 100 km Challenge with my class of Kitante and this has motivated a number of them to exercise. Suffice to say three of us have already reached the 100 km and have started on our 200 km challenge.
The bonding with the different groups of different ages, gender and personality has shaped each of us in a positive way and made us more courageous to push on in life. Today I start my first day of the month so rejuvenated.

By Rtn Nakato Margaret Nsibirwa





Club Secretary, Rtn Margaret Nakato at her last RLI Graduate Course.



PND Rita Balaka at the meet and greet for Rotary Roses - Rotary Fellowship for Empowering Women



Rtn George Ahimbisbwe representing at BSK Swim Challenge together with Rtn Phiona Mutesi and IPP Peter Wafula

CP Harriet Bampeera-Obbo's Achievement and Recognition this October

K-VV team was humbled by the appointment of Rtn Harriet Bampeera-Obbo as the Vice District Executive Secretary and Country Trainer (Uganda) for District 9214 during Rotary Year 2022-2023



While at RC Kabale she was pleasantly surprised with recognition by the DG for her service as part of the District leadership team.



It was a very busy and fruitful first quarter of the Rotary year on a number of my Rotary responsibility fronts. However something was missing, I hadn't physically engaged in a service project so when I joined RC Entebbe for their unique and very touching project. I had never in all my Rotaract and Rotary life participated in a medical camp of this nature.





After the medical attention to all the children, we shared a meal with them, their parents and the medical team.

th November



Each child was later given a food package to take home comprised of 3kgs of maize flour, 3kgs of beans, 3kgs of millet porridge flour and 3kgs of sugar.

By CP Harriet Bampeera-Obbo



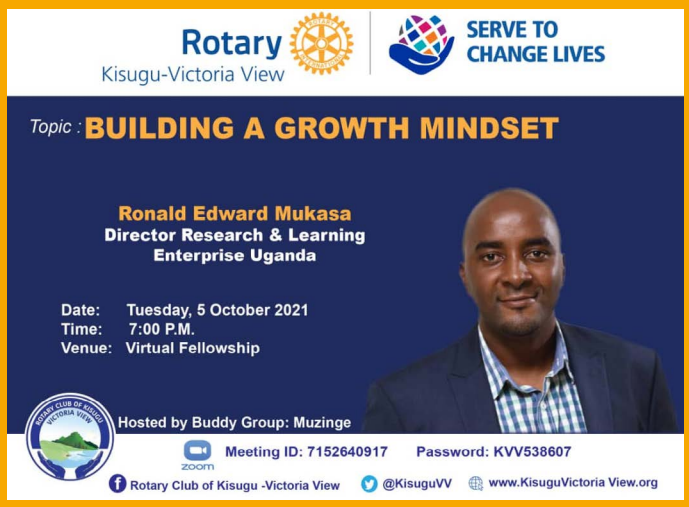
Our Beatrice



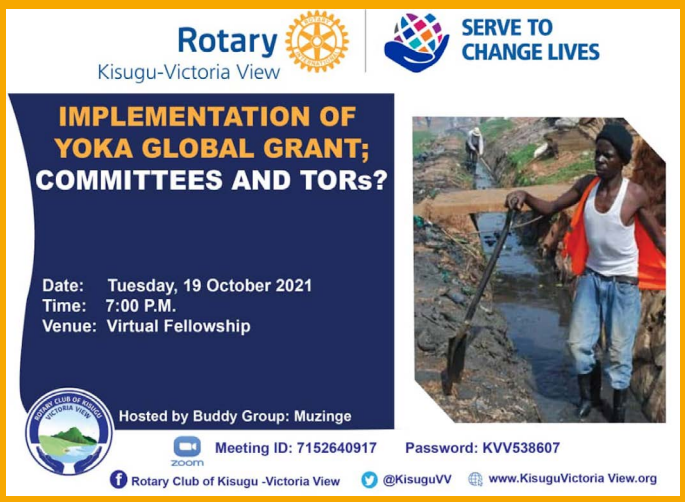


Part of the Rotary family team who represented at Beatrice's kuhingira.
Beatrice the Finance & Administration Manager of Uganda Rotary Country office being "given away" (kuhingira) in Kabaya village Nkuringo Kisoro

Kisugu – Victoria View
Flyers of the Month











Kisugu – Green in Formation
Flyers of the Month









Birthdays

Rita Balaka	5th October
Dennis Kiggundu	9th October
Margaret Nakato	16th October
Maria Namigadde Mpagi	19th October
Allan Lwanga	18th November
Carol Ocama	4th November
George Ahimbisbwe	15th November
Robert Kavuma	4th November
Henry Kirumira	27th November

Anniversaries

Peter Ssozi	27th October

