Rotary
Kisugu - Victoria View

THE BUZZ

Issue No.2

PRESIDENTIAL MESSAGE



Mark Daniel Maloney
2019-20 RI President
October 2019

Rotary's long-term, sustained battle against polio has defined our organization for decades. We have a right to be proud of all that we have accomplished through the years.

Our progress is real and noteworthy. In 1988, polio was endemic in 125 countries, with more than 350,000 new cases a year worldwide. Since then, Rotary and our Global Polio Eradication Initiative partners have reduced the incidence of polio by more than 99.9 percent, vaccinated more than 2.5 billion children against the virus, and prevented 18 million cases of paralysis. Over the years, Rotary has helped country after country move into the polio-free column. This includes India, which some considered impossible not long ago. Of the three types of poliovirus, type 2 has been eradicated and type 3 could soon be certified as eradicated. Nigeria has not reported a case of wild poliovirus in nearly three years. If this trend holds, we will be down to just one type of wild poliovirus in only one section of the world, Afghanistan and Pakistan.

There are major challenges in that region. But it is crucial that we remain optimistic. Look at all that we have accomplished so far. This is no time to get discouraged or to think that the task is impossible. We will end polio forever, but only if we remain steadfast and vigilant. World Polio Day is a time for Rotarians from all over the globe to come together, recognize the progress we have made in our fight against polio, and plan the action we must take to end polio forever. The key word is action, because we still have important work to do.

This year, we want to see as many Rotary clubs as possible holding World Polio Day events around the world. Need some ideas? How about organizing a viewing party for friends and club members to watch Rotary's Online Global Update? You could also dedicate a club meeting to World Polio Day or create a fundraising event. Remember, every dollar raised is matched 2-to-1 by the Bill & Melinda Gates Foundation.

Once you have created an event, register it at ***endpolio.org/register-your-event***. Then promote it using the World Polio Day toolkit, available at ***endpolio.org/world-polio-day***.

Mark your calendar to tune in to Rotary's World Polio Day Online Global Update on 24 October. This year we will stream our program on Facebook in multiple time zones around the world. Visit the Rotary International Facebook page to RSVP to your region's program. And do not forget to follow the event on social media and share it with your network.

When we reach our goal, polio will become only the second human disease eradicated on the planet, and Rotary will receive international acclaim. But what matters most is the children who will never again have to face this terrible, disabling virus. Rotary must continue to connect the world in the effort toward polio eradication. It is up to us. Let us finish the job.

ROTARY CLUB OF KISUGU VICTORIA VIEW MEETS EVERY TUESDAY AT SHANGRI-LA HOTEL MUYENGA AT 7PM

BUDDY GROUPS In CHARGE
MUSIZI - SEPTEMBER
KALITUNSI - OCTOBER

THE ROTARACT CLUB OF KABALAGALA MEETS AT NAMIA BAR & RESTAURANT, KABALAGALA

KEY ACTIVITIES

- Family Health Day on 12th October in Lyantonde
- People of Yoka Zone visit to Kyanja KCCA Urban Agriculture Demonstration Farm
- Household baseline survey and focus group discussions among the Youth, Women and Leaders in the community by Rotarian Nakato
- James Epilo from the department of Urban Agriculture/Farming Takes measurements of what together we intend to transform into a demonstration garden in YOKA
- Financial literacy Training of Trainers of leaders of YOKA Zone and talk about Polio
- Polio Day Celebrations – Showing of the Movie A pParalyzing fear; the story of Polio in America
- Fellowship with Muyenga High school Interact Club in formation & talk about Polio
- Dr. Twesigye Jackson Kaguri, CEO Nyaka AIDSOrphans Project Talk about how they are building sustainable communities through Economic Empowerment, Educationand so much more.
- The Cake story Talk by Baker Asha Batenga
- A showcase of talent by Nam Talent
- Literacy games fellowship with our family members

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DISTRICT GOVERNOR'S MESSAGE



XAVIER SSENTAMU
2019-20 District Governor
D 9211 (Uganda & Tanzania)

As District Governor, I have over the last three months been accorded the opportunity of traversing our great district. I have been privileged to see first-hand some of the tremendous work that Rotarians in both Uganda and Tanzania are doing at the community level. But going around has also been a sobering experience for me. I have been struck by the high levels of poverty in many of our communities, caused by high youth unemployment, underemployment and the lack of economic opportunity.

As Rotarians, we should all be concerned about these trends. Reducing poverty is at the heart of our service activities and yet I keep wondering - why is poverty still flourishing despite the numerous interventions being undertaken by governments, Rotarians and other development actors? I have, from time to time, wondered whether we are doing the right things; or whether we are doing the right things wrongly. Are we putting the cart before the horse? Your guess is as good as mine.

Unfortunately for us, time is not on our side. The consequences of high unemployment are here for us to see in the form of escalating crime. And so during the month of October when we commemorate our theme on Economic Empowerment and Development, I would like to challenge you to reflect on these questions. What can we do differently or do better - in order to address the needs of our communities in a manner that will ensure positive and lasting change? Too often we engage communities and we talk to them. We hear them but are we really listening to them? Are we capturing their priority needs? Starting this month, I would like to encourage you to pay more attention to your community needs assessments and to be more intentional about poverty reduction in your undertakings.

I would like to encourage all clubs to develop projects through the prism of economic empowerment and poverty reduction. The possibilities are endless. For example, how about exploring how we can expand the scope of our WASH interventions and technology to support improvements in agricultural productivity? How about enhancing our education projects so that the knowledge and skills acquired by our youth can translate into livelihood opportunities? How about developing the leadership skills of our Rotary Community Corps in order to build resilient communities? How about embracing the "Adopt a Village" model so that we can tackle poverty on multiple fronts? How about 'connecting' with other partners so that we can scale up our projects and increase the chances of changing lives and creating lasting change?
Let us continue to develop and implement service projects that benefit our communities in the most impactful ways. I look forward to hearing your experiences and answers to some of my questions during my club visits.

> "I would like to encourage all clubs to develop projects through the prism of economic empowerment and poverty reduction."

PRESIDENTIAL MESSAGE

GORETTI MASADDE
President Rotary KVV
2019 - 2020



WELCOME TO OUR 2ND ISSUE OF THE BUZZ!

The Rotary year is moving very fast and well, faster than was advised by those that have led before us it would seem (smile)! Every day we appreciate more the value of Rotary and the work we do. The months of September to October were awash with activities of various clubs including infrastructural projects, Family health days, End Polio activities, Book projects and more On the backdrop of this were pictures of new needs identified by various clubs and most dire. At KVV we were not any different, we continued with our work focused mostly on empowering our beneficiaries for sustainable community social improvement.

SEPTEMBER - OCTOBER AT KVV

BASELINE HOUSEHOLD SURVEY - USING THE CLASSIFICATION OF ONE OF OUR OWN

In September we commissioned a door to door baseline household survey whose results will advise a targeted integrated intervention approach beyond the obvious solutions of providing water, toilets, cleaning etc.

To date our intentions and work in the area have been advised by a town hall meeting needs assessment where the community expressed the obvious need for toilets, safe water, waste management and more. However this approach couldn't establish the non-infrastructural barriers and drivers of Knowledge, Attitudes and Practices (KAP) that contribute to the dire situation. This is what the baseline survey will address, giving us a holistic view of the problem and hence helping us get a holistic lasting solution.

Research though important can be expensive yet without immediate tangible results. As such we had agreed to shelf it for when we have a global grant. However with the addition of a new member whose classification is research, it became possible to conduct the research at minimal cost compared to market price. We are grateful to Rtn. Nakato for offering to lead and conduct this survey.

TRAINING, COACHING AND WORKING WITH THE COMMUNITY

For the research we identified educated (yes they exist) youth, both boys and girls from the slum community instead of using experienced data collectors. These were trained, tested and commissioned out to conduct the survey. It is amazing the work they have done and continue to do. We were happy to pay them a daily allowance because we know it is helping in many ways

ROTARY FAMILY HEALTH DAY IN LYANTONDE

On 12th October led by our Family Health Day Officer Rtn. Carol Ocama we conducted a family Health Day activity in Lyantode at Kaliro health centre III. This we did in partnership with the Rotary Clubs of Lyantonde Metropplitan and Mabarara East with support from RC Kampala North, Rotaract club of Kabalagala, and Rct Lyantonde Community in formation. We provided General Clinic services, Cervical Cancer Screening, HIV Counselling & Testing, Eye care, Child health and immunization, Dental, Safe Male Circumcision, Maternal Health and Family planning, Hepatitis B screening. We planned to treat 900 people but due to the all-day heavy rains we treated 282 people. We however donated all the health centre and they were very grateful. We are grateful to our other partners Lyantonde Hospital, Child AID, Rakai Health Science Program, and the Community Health Management team.Kudos to all the Rotarians that made it for the 12 hour journey there and back.













CELEBRATING THE ERADICATION OF POLIO

At the Tuesday fellowship before World polio day we celebrated by watching the documentary film "A paralysing fear - the story of Polio in America". The story tells of the over 5 decade fight against polio in the USA and the eventual inventions of the vaccines. It showed how President Franklin, D. Roosevelt having been affected by Polio mounted a decades long national fundraising campaign to fund research, care and treatment of Polio which went on long after his demise. We also went through the End Polio presentation made by the country office which showed the progress made since 1988 when only North America (not surprising after what we learnt from the documentary) was free from polio to now when only We spoke to the YOKA community financial literacy attendants and the Muyenga High school Interact club in formation about polio and the need to immunise. Together we committed to eradicating polio through immunisations.

On the day itself we had members of KVV stand with end Polio placards at the Tank hill Parade Muyenga junction, to create awareness of the day and the need to join the end Polio initiative. We are grateful to Rotarian Nkem and President Nicson Rct Kabalagala for leading this initiative.

FINANCIAL LITERACY IN OCTOBER THE ROTARY COMMUNITY ECONOMIC DEVELOPMENT MONTH

At the start of the year we determined to support youth and women groups in YOKA to start and build income generating projects in the urban/ smart farming area in partnership with KCCA department of production and Marketing. During a community exploration visit the youth requested that before we give them any support, we train them on money and all related matters. This led to the training held in October by a new Partner Labour College of East Africa in Namuwongo, at a highly subsidised cost.

The first training was a training of trainers attended by 34 members of the community. At the end of the training these were so fired up that 27 of them immediately formed a saving and investment group in which they will each collect UGX 2,000 per week. They named their group YOKA VISION GROUP, to act as an example to the rest of YOKA Community. They selected their executive and agreed to meet every Friday at 4PM. Our partner the Labour College gave them a free venue and intermittent guidance for this purpose. The group collected UGX 52,000which they handed over to us to keep until they formalise

the group and open a bank account within the next 3 months. The group learned a lot however the need to save for investment vs for expenditure was a big lesson. Many had been in groups that save and share proceeds for spending at the end of the year, but this was going to be different.
We are now set to train another 85 members of the community who will partly be trained by the community trainers that were part of the ToT.

COMMUNITY VISIT TO KYANJA URBAN FARMING DEMONSTRATION FARM

We took the community to see first-hand the "what and how" of urban farming and the livelihood opportunity therein. This was to expose them to what is possible and to enable them choose what is best for them individually and as a community. We are subsequently supporting them to set up urban farming units for community and economic development.

THE KVV QUARTERLY AWARDS

We were excited to launch the KVV quarterly awards for 2019/2020 which were presided over by PDG Ken Wycliffe Mugisha and PAG and 2019 Cancer Run Chair, Julie Kyokunda. The awards honoured Rotarians that have best given of their time, skills, profession, money and more to move the KVV 2019/2020 agenda forward. Criteria was along the 5 avenues of service of club, vocation, youth, community projects and international service (giving) We congratulate and thank the following Rotarians for doing very well in the quarter; Rtn Nakato for most outstanding Rotarian, Rtn. Peter Wafula best Rotarian, Rtn. Bernard Tabaire for best committee head, Rtn. Ruth Namutebi for KVV Image Promoter, Rtn. Nkem for best ambassador, CP Harriet for the Cancer Run promotion among clubs awarded both by the chair PAG Julie and by the club for flying our brand high. We also recognised Rtn. Justine for excellent coordination of our Cancer Run effort where we sold tickets in excess of 10M/=, Rtn. Dorothy Mwanje for selling the highest number of tickets and Rtns. Peter, Henry, Joel, the President Goretti, our Rotaract club of Kabalagala led by President Nickson and CP Jessica, our Interact Club representatives Megan Masadde and friend Ruth Nsibirwa for their work at the KVV Water point of Cancer Run 2019. We are grateful to PDG Ken and PAG Julie for the honouring our Awards with their presence.

THE BSK MUYENGA COMMUNITY RUN

For 3 years now we RC KVV, have partnered with the British School of Kampala (host to our Interact Club) and Women International in Maternity Aid (WIMA) to organise a Muyenga Community Run whose proceeds go towards improving maternity services in facilities around us. In 2017 & 2018 proceeds went to buying equipment for Kisugu Health Centre III close to our Namuwongo community and Wendz Clinic in Bunga respectively. This year equipment bought from the proceeds will go to The Police Community Clinic in Nsambya that serves Police and surrounding community mothers free of cost. The 2019 Run launched recently with our partners, will be held on Saturday December 7 which is holiday time. We call upon all of you to join us with your family at a fee of 25,000 for adults and 15,000 for children up to 18 years. We will also have a bazar for which exhibitors pay UGX 50,000 only per stall

CONCLUSION

A big thank you to buddy Groups Musizi and Kalitunsi for leading us so well in the two months and inspiring us with very informative, educative and fun fellowships including the hosting of our Awards! In the next issue we shall share more about these fellowships!

Thank you too to all the members of KVV and all our friends for the enthusiasm exhibited in different ways. I urge us to embrace and leverage every opportunity to make a difference, and to enjoy every moment of connection and action! It is 18 out of 52 weeks gone, 34 to go! Let's Conne@ct!

Join The BSK Muyenga Community Run & Bazaar

The **B.S.K Muyenga Community Run & Bazaar is a joint initiative of** the Parent Staff Association of the British School of Kampala (BSK) in association with Women International Maternity Aid, the Rotary club of Kisugu Victoria View and residents of the wider Muyenga/Makindye division Community. The Run started in 2017 in memory of a BSK teacher that died while giving birth and has since been dedicated to improvement of maternity services through provision of appropriate equipment. This year's run and Bazaar is scheduled to take place on **Saturday, 7th December 2019** starting at **7.00 am.**

Since inception the Community run has supported the purchase of maternity equipment to KCCA Kisugu Health Centre III (worth UGX. 8,900,000), and Wentz Medical Center, Kawuku IV (worth UGX. 13,000,000). This year the run will also hold a bazaar attracting families with lots of fun, food and games, plus the local business community as exhibitors. The run will as usual be open to members in and around the Muyenga Community, Makindye Division, and elsewhere, as we hope to surpass our previous numbers as this is fast turning into a much anticipated event on the calendar of Muyenga Residents.
The funds raised this year will go towards the purchase of maternity equipment for the Uganda Police Force Clinic in Nsambya (Total equipment budget UGX. 32,000,000). This medical center is manned entirely by officers of the Uganda Police force, and is the only Medical center within Makindye Division that provides all services to the public at **NO** cost.

TO JOIN THE RUN CONTACT
Rotary club of Kisugu Victoria View: 0772-404-613/ 0752-408-461
British School of Kampala (BSK) : 0773-244-225/ 0705-052-089 or bskampala@hotmail.com



NAM Talent Development Association





In Yoka zone in Namuwongo the Youth formed a group made up of 20 members who train in various activities including dancing, circus, football and volleyball. The purpose of this team is to unite children from various walks of life to entertain themselves and others in the community.



They help out in cleaning up trenches, entertain friends on birthday celebrations, attend free ceremonies which are beneficial to the youth and do other tasks which are helpful to the community. In future they hope to get involved in community projects like piggery, poultry and vegetable farming to make them busier and also attract more youth who are not very productive in the community.
On 17th September, in support of our Community Youth Empowerment Drive, the Group had a show case of talent which was very exciting, they exhibited talent and their leader Charles Wycliffe Anywar gave a very touching speech about the life of the youth in Yoka zone.



At the end of the fellowship, President Dalton of RC Muyenga Sunday Sunset paid for their tickets to the RC Kampala North Singing and Dancing competition. Our own, Rtn Denis Kiggundu also offered to buy them a new sound system.
This was very exciting and encouraging at the same time. We call upon more Rotarians to support this group which we always request to mobilize for us whenever we need to visit Yoka zone!

Rtn Ruth Namutebi
PR Director
Rotary Club of Kisugu-Victoria View

FINANCE LITERACY PROJECT AT LABOUR COLLEGE INSTITUTE - NAMUWONGO

The purpose of financial literacy was to transfer knowledge, build skills and change attitudes that will enable people to manage money wisely while keeping the future economic goals in mind. Financial literacy is low among low-income people in Namuwongo. In consequence, this social group has to evolve their own financial practices and strategies through trial and error rather than design. The high price they often pay for that prevents an improvement in their living conditions. Financial education should, therefore, play a key role in promoting optimal resource management among poor households, thus helping build their financial security.

The financial literacy was also important in the context of increasing the low level of savings in Namuwongo community and developing the macroeconomic stability. This impact is particularly important among unemployed youths and illiterate people up to 45 years of age who are only fighting for survival.

The following topics were mostly addressed as major gaps, knowledge, skills and negative attitudes among poor households in Namuwongo:

- Long-term economic planning;
- Regular savings and household budgeting
- Crisis management and rational borrowing
- Confidence in finance saving groups

The literacy project was headed by the Rotary club of Kisugu-Victoria View. The mission was intended to convince the participants of the advisability of household financial planning and regular saving, while providing them with the knowledge and skills necessary for building their own financial plans. With the help of Tumusiime Vincent, a finance expert at Labour College guided the locals through elements of household financial planning, such as;

- Managing household cash-flow and budgeting for seasonal and lifecycle events,
- Emergency expenses and managing emergency fund,
- Ways to save through rationalization of expenditure and taking advantage of new income opportunities
- Saving services and choice of saving services suitable to needs
- Reasonable borrowing, credit services, credit traps and consumer rights
- Setting realistic goals, financial planning and success factors in putting plans into action

The workshop ended with the participants developing financial plans for their families and it's through this that 24 participants decided to form a finance savings group immediately. And all participants who completed the workshop evaluated them very useful. The participants gave some arguments for their high satisfaction

"Something was happening, there was a change to go out stop thinking dark thoughts and meet other people struggling with similar problems"

"People avoid this type of training, yet it was so great. Thanks to rotary Club of Kisugu-Victoria View"

According to the participants, the following were the benefits of the project

Knowledge

- Increased awareness of the complexity of planning family finances
- Insight into what is worth saving for and where a loan is called for
- Discover of a wide range of financial and banking services
- Detailed insight into basic saving services
- Awareness of borrowing traps and consumer rights

Skills

- Developing a financial plan
- Managing emergency expenses in a proactive way
- Putting a financial plan into action
- Enriching the variety of the ways to save through rationalization of expenditures

Attitude

Belief that everybody may and should plan their finances and save money

Belief that small amounts can build up to useful amounts in long term

Incentive to learn, take care of his/her business and giving up a demanding attitude

As the Rotaract club of Kabalagala we would wish to express our heartfelt gratitude for such an amazing opportunity.

Thank you.
Agaba Hillary
Rotaract Kabalagala

Basic Education & Literacy In Finance

October is always very exciting because the year is coming to an end but also for those in Rotary, it's a month to promote and facilitate Community and Economic Development through empowering our communities and most importantly promoting concerted efforts on the part of the communities and the various partners we work with.

Therefore, the Rotary club of Kisugu-Victoria View has its areas of focus and being the President I stand to witness one of its major areas I have practically benefited from "**Basic education and literacy**".
On 21st October 2019 I was invited by our connecting President of K-VV, Goretti Masadde to attend a workshop about financial literacy at the Labour College in Namuwongo. It was a two day workshop which I appreciated because we all gained a lot not only me but also people from yoka Zone Namuwongo.

A lot was covered during the training by Tumusime Vincent the Administrator at the Labour College of East Africa in Namuwongo including;

- Financial literacy
- Financial independence
- Savings
- Banking and Banking discipline
- Self-management
- Personal ethics
- Methods of training

NOTE: always keep the following in your mind as one deals with finances ;
HOW DO I SAVE?
WHERE DO I SAVE?
WHEN DO I SAVE?
WHY DO I SAVE?
I therefore, thank K-VV for the opportunity granted to me as a fulfilment of the core values of Rotary because am now a trainer based on the knowledge and skills plus methods acquired from the workshop.

Tukashaba Nickson
Rct. Kabalagala
Connecting President 2019-2020

Food for thought as a **Rotarian**

As Rotarians, we need to sense the future and respond accordingly. It is high time we ceased the opportunity where something wonderful may develop to improve the status quo.

Without this paradigm shift, old patterns will continue to prevail and we will never realize the potential benefits of something new.

For Rotary to continue to prosper, we all must be willing to embrace new ideas while rooted in the Four Way Test because Rotary exists to disrupt the long standing position with a focus on building a stronger future.

With Rotary more in the public eye, we will attract more individuals who want to be part of and support an organization that accomplishes so much good around the world.

Mrs. Dorothy Mwanje
Family of Rotary
Rotary Club of Kisugu-Victoria View

Completion of our Baseline Survey

In October we took another huge leap into our service projects. We indeed started on the baseline survey for Yoka Zone and completed it in the same month. It is this baseline data that will inform the project on the necessary interventions and impact of the project.
We identified youth from the community to undertake the research. It was easier for the youth to collect data as they were known in the society.
Most inspiring was the commitment and love the youth showed from the beginning of the survey to data collection.

We initially trained and did a pilot study before commencing with the research.
We had anticipated 500 households in the Yoka zone but the final number of households was around 800.
We collected data on six focus areas of Rotary Foundation i.e Maternal and Child Health, Water and Sanitation, Disease and Prevention, Basic Education and Literacy, Economic Empowerment and Peace and Conflict Prevention/ Resolution.
The positive part of carrying out the research was the response from the respondents.

The survey was able to show the community the endless possibilities to develop and improve their community. We also carried out a focus group discussion with a collection of the leaders, women and youth. So much was discussed and agreed on.
Individual interviews were undertaken with the education institutions to understand the current challenges and key recommendations.

Margaret Nakato Nsibirwa
Assistant Club Admin
Rotary Club of Kisugu-Victoria View

Youth MENTORSHIP

Youth Mentoring is a youth program offered by Rotary. The program assists youth prepare for a job, career, or post graduate education. The program is designed to help youth who are planning to immediately enter the job market, enter a trade or vocational school, after University. 90% of graduating youth do not have a mentor. Many youth have never met a professional in their field of planned education. Rotary has a wide variety of career choices represented in its membership. Upon being accepted into the program, Rotary will seek members or other professionals who wish to mentor the youth and are willing spend one hour being interviewed by the youth. They will be invited to attend a Rotary meeting with their mentor.

Rtn Joel Kisawuzi
Youth Director

My Six Months Journey as A Rotarian

My Journey started on May 28th 2019, yes the day I was inducted as a Rotarian. What great experiences I have encountered in the five months. **Fun:** Our fellowship every Tuesday as we long to the week's presentation, meeting our new guests and fellow Rotarians. And rounding it off at the swallowship to laugh and bond with the family.

A better community citizen: I have been privileged to partake in a number of activities. I am a member of the service projects committee. We have visited and engaged with the community but most of all acknowledged and appreciated the enormous task ahead of us in improving the lives of the community in Yoka zone. I attended a Rotary family health day in Lyantonde and was touched by the numbers of people who we served.

Friendship: The attachment I have with my new friends is envious. Each day of the journey reminds me how important I feel since joining Rotary.

Margaret Nakato Nsibirwa
Assistant Club Admin
Rotary Club of Kisugu-Victoria View

October Birthdays

Rita Balaka	5th October
Denis Kiggundu	9th October
James Odong	11th October
Marie Namigadde	19th October

October Anniversaries

Peter Ssozi	27th October

