Rotary Kisugu - Victoria View
SERVE TO CHANGE LIVES

ROTARY CLUB OF KISUGU VICTORIA VIEW

THE BUZZ

September Issue

PRESIDENTIAL MESSAGE



Shekhar Mehta
2021-22 RI President
September 2021

I am sure you are having an enriching experience as you *Serve to Change Lives*. One of the ways you can make the greatest change in a person's life is to help them learn to read. Literacy opens up the world to us. It makes us better informed about life in our own communities and opens vistas to other cultures. Reading and writing connects people and gives us another way to express our love for one another.

September is Basic Education and Literacy Month in Rotary. Enhancing literacy skills is critical in our pursuit of reducing poverty, improving health, and promoting peace. In fact, if all students in low-income countries left school with basic reading skills, it would result in a significant cut in global poverty rates.

Without education, illiterate children become illiterate adults. Today, 14 percent of the world's adult population — 762 million people — lack basic reading and writing skills. Two-thirds of that group are women. Literacy and numeracy skills are essential to obtaining better housing, health care, and jobs over a lifetime.

Especially for girls and women, literacy can be a life-or-death issue. If all girls completed their primary education, there would be far fewer maternal deaths. And a child is more likely to survive past age 5 if he or she is born to a mother who can read. Improving outcomes for more people worldwide is possible only if countries remove barriers to education for girls. The economic argument for doing so is clear: In some countries where schooling is geared toward boys, the cost of missed economic opportunity is more than $1 billion per year.

Empowering people through education is among the boldest goals we have as Rotarians. We don't have to travel far from our homes to encounter those whose lives are being curtailed because they struggle with reading, rely on others to read for them, or cannot write anything more than their own name.

Starting this month, consider how your club can *Serve to Change Lives* through literacy: Support local organizations that offer free programs to support adult literacy or local language learning, or that provide teachers with professional development centered around reading and writing. Become literacy mentors, or work with an organization like the Global Partnership for Education to increase learning opportunities for children around the world. Have conversations with local schools and libraries to see how your club can support their existing programs or help create needed ones in your community.

In India, the TEACH program, a successful collaboration between the country's Rotary clubs and its government, has demonstrated how to scale up literacy efforts to reach millions of children. And at a time when schools across India were closed due to the COVID-19 pandemic, the program's e-learning component reached more than 100 million children through national television.

Literacy is the first step out of poverty. As Nobel laureate Malala Yousafzai has noted, "One child, one teacher, one book, and one pen can change the world."

ROTARY CLUB OF KISUGU VICTORIA VIEW MEETS EVERY TUESDAY AT HOTEL INTERNATIONAL MUYENGA AT 7PM

BUDDY GROUPS In CHARGE NGAALI- SEPTEMBER

THE ROTARACT CLUB OF KABALAGALA MEETS AT CHEZ JOHNSON HOTEL - MUYENGA AT 4PM

SEPTEMBER IS THE MONTH OF BASIC EDUCATION AND LITERACY

Design & layout by
Panda Creative
+265772049707

PRESIDENTIAL MESSAGE

The First Quarter of my Rotary year 2021/22

Dear Rotarians, Rotaractors and the whole Rotary Family in District 9214

The First Quarter of my Rotary year has been embraced with District 9214 Governor Young Kimaro virtual visit to Rotary Club of Kisugu-Victoria View and The Rotary International President visit to Uganda.

District 9214 Governor Young Kimaro, urged us to plant more fruit trees and to work with young people (Rotaractors and Interactors), but most importantly we should support Rotaractors to work with fellow young people because they understand themselves better. Let us look at how we support Rotaract and Interact clubs to fully integrate into the family of Rotary because we must recognize that Rotary has to change in order for our membership to grow.

The Rotary International President 2021-2022, Shekhar Mehta, urged Ugandan and Tanzanian Rotarians to "dream big" grow their numbers because "power is in numbers" and initiate projects that impact not only communities they serve but also the country and the world at large. He advised Change Maker Presidents to share their dreams with each other and with key stakeholders, and to find localized solutions to issues facing the communities.



HENRY KIRUMIRA
Change Maker President

"Let us dream of big, bold programmes which impact the continent, because we now operate on a global scale," he said.

The President was accompanied by his wife Rashi, Outgoing Governor of District 9214 Young Kimaro and Rotarians from Tanzania, Kenya and Nigeria.

He offered free heart surgery in India for 100 Ugandan children.

In this year [2021-22] the number one challenge is retaining members, our members face various challenges, let us keep looking out for each other.

Also COVID-19 is still presenting a major challenge to us, so let us lose no members because of COVID 19. There will be natural attrition but let us lose no members, they are our family. We are FAMILY! Rotary, Rotaract, Interact, - we are family. So let us make every effort to ensure that we lose nobody because of this pandemic or some other reason.

My friends we have an outstanding Global Grant project about to start soon in YOKA ZONE NAMUWONGO,

So friends I call upon your engagement and I thank you for your commitment to the future as we make change presented to us through Rotary; to grow Rotary, to grow ourselves. Let us have a wonderful fun year and do some awesome projects together.

Our newsletter is meant to keep everyone in our Rotary family up to date on latest news about Rotary Club of Kisugu-Victoria View, Clubs in our District 9214 and from around the Rotary world, please share this newsletter and keep our Rotary family informed.

Change Maker President Henry Kirumira

> "Let us dream of big, bold programmes which impact the continent, because we now operate on a global scale."

EDITOR'S NOTE



Welcome to the Month of Basic Education and Literacy. Interesting topics have been shared by our guest speakers this month like, **Home Schooling, Best Practices; Opportunities and Challenges.**

Another topic was about Vocational Training; **Options and Benefits there is a lot to learn from this.** Through this we have learnt how communities are able to benefit from the basic skills and become very useful to society.

It has been a very interesting month with lots of activities in the Rotary Family including the DG's Visit to our Club, the RI President's visit and the Rotary Cancer Run. Even when these activities were virtually done many Rotarians participated on-line and felt the involvement.

We have covered all these activities in articles and photos and hope you enjoy the Newsletter!

Rtn Ruth Namutebi

PRESIDENTIAL MESSAGE



ROTARY CANCER RUN

Rotary Cancer Run is an event aimed at gifting, helping and reaching a hand to the fight of cancer in Uganda

Am proud of the Rotary fraternity for coming up with this noble idea and my beloved club, the Rotaract Club of Kabalagala for participating in Rotary Cancer Run 10

We can only realize the true happiness and joy when we open our hearts to gifting and sharing. Alone you smile but together we laugh. This event brought us together regardless of destination and direction we were running in because we were running for the same purpose.

I enjoyed the moments shared with Rotarians and Rotaractors around the globe virtually and physically that day of 29th August 2021. I also experienced true love and happiness of selfless service. Fitness sessions, dance plus more fun activities, personal interaction and inspirations as we fight cancer. Indeed it was a great experience worth to remember. I thank our Mother club, the Rotary Club of Kisugu-Victoria View for engaging, mobilizing and always motivating us Rotaractors to participate in this Rotary Cancer Run.

The best way of finding ourselves is losing ourselves in service of others and the world can't be changed by only our attitudes and ideas but also by our examples. The best gift to someone is gifting them a life, let's all be life gifting and sharing humanitarians, by participating in various initiatives and programs for the cause of reaching a hand to a life. Let's do this again come Rotary Cancer Run 11th Edition.
Together seeing a cancer free Uganda.

Rotaractor - **CMP WAFULA SILAS SHOKI**
Rotaract Club of Kabalagala



President Shekhar Mehta: Had a great meeting with the President of Uganda, Yoweri Kaguta Museveni. I have reaffirmed Rotary's commitment towards nation-building by providing support in disease prevention, basic Education and literacy, provision of clean water, and promotion of peace
#PeopleOfAction
#ServeToChangeLives





Rotary Cancer Run 10



"You beat cancer by how you live, why you live and in the manner in which you live" – Stuart Scott

Cancer is a generic term for a large group of diseases that can affect any part of the body and these can be malignant tumors and neoplasms. There is the rapid abnormal creation of abnormal cells that grow beyond their boundaries and which can then invade adjoining parts of the body and spread to other organs.

The Rotary Cancer Run has been and will always be a shining light to various souls that had previously lost hope for a better life in the future. Being an ambassador in this great team to fight cancer from the Rotaract Club of King Ceasor University that was held on the 29th August 2021, I was privileged to take part in this event with a noble cause. With the greatest delight I would like to applause our Club, RCT King Ceasor University together with its diligent club members who managed to grace this event with their unconditional love and ceaseless support they rendered to this great occurrence. Being a global occasion that took place both physically and virtually it united different races, Rotarians and Rotaractors as they joined hands together to put a smile on our brothers and sisters faces from near and far.

This moment was a cocktail of fun, fitness and dance sessions that ignited a positive energy in us to strive for a better future and light other candles that we meet along the way as we serve this humanitarian journey. With utmost respect I would like to appreciate our mother club, Rotary Club of Muyenga Sunday Sunset for nurturing us and leading us through the right path of selfless service to our communities. To the Almighty we give the Honor and Glory, for all we do is through His grace and strength that He renders to us always. It's of good will for one candle to light another; I urge all Rotarians and Rotaracts to always be front liners as such great opportunities come our way. NOTE "Cancer may have started the fight, but together we will finish it"

Rotaractor Akoth Josephine
Rotaract Club of King Ceasor University
Club Secretary

Cancer Run

By Rtn Margaret Nsibirwa

I was glad to be included in the preparation of this year's mobilization of the cancer run in charge of the Alumni's group and headed by the Mobilization Chair CP Harriet Bampeera Obbo. My responsibility was to reach out to the Presidents of the alumni associations to inform them of the Cancer run and sell our cancer tee shirts. We were pleasantly glad when we found out that most were actually Rotarians. So our message to support the cause was simplified and easier to get through and thankfully all the Presidents took it upon themselves to rally their members to buy the tee shirts and run for Cancer. It would have been good to find out the numbers of tee shirts sold through this outlet. However, we were happy that we did reach out to this group.





On the day of the cancer run, I woke up by 6am in preparation for the run. Our hash group had organized a 21 km walk from Kikaaya, Kulambiro, Buwate, Naalya, Kisasai. The set off time was 8am and indeed being the Africans we are, the set off time was 45mins late.

I remember the day was hot probably temperatures close to 30oc. The hare who I trusted promised a 21 km walk. We set off about 30 of us including (four Children below the ages of nine years) comfortably brisk walking and chatting away. By the 10km mark the leading pack had only five, left to complete the route. Thank God for Boda Bodas, the tired ones easily jumped onto one for safety. The planned route was away from the main roads so we did take in a bit of dust especially around Buwate. We jumped streams and some of us were not able to maneuver the rocks and therefore ended up getting soaked.



As we headed back to Kisasi on our last leg we realized that we had been duped. We had hit the 22km mark but had at least 3 kms to the finish. This was tough, as we ended the walk and run having to climb a hill. Of the 5 left one took to the comforts of the Boda Boda leaving only the four of us to complete, Bissy Kibuka Musoke, Alice Okecho, a certain gentleman and I.
It was a day to remember but we finished the day, eating and drinking and having all the fun.

MY 2021 VIRTUAL CANCER RUN EXPERIENCE

The 2nd Virtual Rotary Cancer Run took place on the 29th August, 2021, along Zzimwe road from the Uganda Rotary Cancer Program Offices in Muyenga.



It was on this early Sunday morning when all Rotarians in their respective districts joined us physically and virtually to win this fight against cancer. Everyone looked ready to defeat cancer in their bright blue vests (and face masks of course).
We started the day with aerobics led by Robby fitness to wake those muscles up from the lockdown slumber.

The workouts were fun and we had so many of our Rotarian family members dancing along with us on zoom.
Having stretched our muscles, we began the run being led by our guest of honour. The run had two tracks to cover, 5km and 10km. We felt the support of all those who were far away such as Mukono and even across borders.
Shortly after the run, we had more rigorous workout sessions and a brunch meal to close the successful event. We heard speeches from organizers of the run and received updates on the fundraiser.



The cancer ward which we have been constructing at Nsambya Hospital throughout the years is finally nearing completion; all that's left is the equipment.

This milestone of achievements would never have been possible without each and every one of you in our amazing Rotary Family.
Special thanks to our sponsors for always running with us and enabling us to reach this far.
Let's continue to run each and every year until we win this battle against cancer.

Rotarian Dorothy Mwanje

My Cancer Run experience



On the 29th of August, the long waited day came to pass. Cancer run had come to reality. It was time to exercise our bodies as we contribute a penny to save the desperate tormented souls by cancer disease.

Early in the morning, I dressed up in my attire which was none other than my cancer kit that I got at a fair cost of UGX 25,000. Got hold of my smart phone and started jogging around home.
Like earlier planned, a few friends of mine joined me in the run and the whole experience was fun!! I sweated, stretched, jumped, run around as I took a few photos of mine for archive and remembrance. Upon finishing the running, I felt better, stronger, and relieved.

Working stress was no more; boredom was out of reach, it was fun. However, the most interesting thing is that besides gaining my fitness, I contributed a few dollars towards saving cancer patients. And through my influence, I inspired other colleagues of mine to do so. More so, the event made our rotary brand rock the more as by standers and the communities around appreciated the work we do. Yes, we are people of action for we serve to change lives!!!. It was an awesome experience. Thanks.

Kazoora Seth
CMP Rct Kampala Wandegeya

Vegetable Garden in Yoka Zone





Events at Kisugu-Green in Formation



*By **Rtn Phoebe Kisibo***

We started the month of September with a very exciting talk about working on our legacy. Our guest speaker Sandra, a Rotarian from RC Najeera emphasized the need to bringing up children with a purpose because what they see is what they become.

Then the following week we had another Rotarian called Farouk who is very passionate about his country. He shared the beauty we have in Uganda having been in Business for the last 25 years and has gone through all levels from being a guide to now owning a tour company. He encouraged us Ugandans to go and see Uganda and not let foreigners tell us about our beautiful country. The beautiful Kidepo and Queen Elizabeth are a must see, the water falls in Uganda and the longest river in the world, River Nile is found in Uganda.

Then came our own Judith who empowers young children of all ages to discover their talents. Judith is a teacher who admires the work of Rotary. She offered to train mothers and local leaders in our community to home school children in the new normal. She is also spear heading a drive to donate a book.







Four seemingly unrelated events coinciding to bring a smile on the face of a teen mom in Lyantonde District: The power of Rotary

By Rtn Doris Mitti Kimuli

On October 13th 2018, the Rotary Club of Kisugu-Victoria View went to Kiyinda Church of Uganda Primary School in Lyantonde District to carry out its annual Rotary Health Day camp. While there, we asked where the nearest Health Centre was and we were referred to Kaliiro Health Centre III (HC III). This turned out to be a maternal and child health centre that the Government of Uganda had refurbished and left empty without a simple bed.



President Peter and team donate Mama Kits to TRG on 20 May 2021



16 Year-old Elizabeth is 7 months pregnant and only found out during the scan that she is carrying twins

We were moved by the fact that pregnant women would have to trek miles to come to a health centre that did not have the basic equipment to ensure theirs and their children's safety. Our then, President Elect, Peter Wafula, made a mental note to find funding for this health centre. Peter's mum was a midwife, and as a boy growing up, he experienced first-hand what it meant for a woman to be in labour. He feels a strong commitment to helping women and girls have a safe delivery.

In January 2020, The Remnant Generation, a Non-Governmental Organisation that rescues and takes care of survivors of sexual abuse and pregnant teenage girls opened up a Regional Office in Lyantonde. The number of pregnant girls that need support keeps growing. Most of them are sold into marriage because of the COVID-19 lockdown of schools that has forced parents to marry off their daughters in exchange for little money and some supplies. These girls do not receive any medical care, do not attend antenatal services and cannot afford a proper hospital birth.

In the same year, a miracle happened. Peter was now the sitting President of the RC KVV, and his dream to equip the maternity wing of Kaliiro HC III came to pass. On 19th September 2020, President Peter, together with other KVV members travelled to Lyantonde and donated maternity beds, water tanks, protective gear, drugs, among medical items worth over US$15,000

When the Rotary Club of Kisugu-Victoria View heard about the plight of pregnant teens and the escalating number, they visited The Remnant Generation and donated over 200 packets of Mama Kits to help in the delivery process.

This past week, on September 21st 2021, The Remnant Generation was at Kaliiro HC III to reach out to 20 pregnant teens, and set up a teen safe space where the girls can access ante-natal services including free ultrasound scans. And guess what?!!! The beds donated by RC KVV to the Health Centre were the ones used by the girls, while the Mama Kits donated to The Remnant Generation were the take-home items that the excited girls received.

The power of Rotary never ceases to amaze!!

BASIC EDUCATION AND LITERACY



A wonderfully crafted topic for discussion in our mother land, the Pearl of Africa, so much has come into play and distorted the order of Basic Education and Literacy. Education is considered to be a powerful tool for growth throughout many sectors in Uganda. The country has even labeled education as a key component for driving for social growth, economic development, and transformation as well as helping to achieve a more united nation.

For about 2 years now literally nothing has taken place to equip our young generation with the basic education they require for a bright future since we have been under lockdown and no schooling taking place. This crisis has come with so many negative impacts not only to the learners, but to parents, school owners, teachers and the future of our country is at stake. The level at which young girls are getting pregnant is so alarming across the country, just to mention of one Health Center III in Mbale District that was quoted saying that they attend to over 50 teenage pregnancies in a month. This is very alarming and something must be done to help not only the girl child but our young generation who are the future of tomorrow.

The cause of this entire crisis, the Covid-19 pandemic which has yes ravaged the country but a time has come when our children need to get back to school and observe the SOPS and be able to secure their future: for the fact is that the pandemic is here to stay.

As a concerned citizen, I greatly appreciate the Government measures and approaches done so as to keep the pandemic at bay. But much more has to be done to ensure the normalcy of basic education for our children. Several measures like purchasing of radios for all families in the country have proven futile, the idea of adjusting to online classes only favors the average and rich families due to the high cost of internet and poor connectivity in the rural areas of the country where the majority of the learners come from and account to 78%.

Way forward:

While education provides many intellectual and financial benefits to society, school also serves as a place where children develop mentally, physically, and socially. Without school, children become susceptible to many environmental risk factors that may stunt their development. This is especially true for children living in a rural setting where the "digital divide" makes virtual education nearly impossible to access. With "over 15 million children out of school as a result of COVID-19," a sustainable solution, that provides children with the necessary environment for healthy development, is needed. This generation of young people who are losing access to education will become the professionals of the future who drive and make-up the economy. The technology gap, as well as the absence of other vital social factors school provides, could result in various mental health issues in the population. In order to mitigate the rise of these disorders in Ugandan youth, an action plan must be implemented on a community level to ensure structure and support normalcy of Basic education and literacy of our young generation.

Rtn George Ahimbisibwe Joshua
Rotary Club of Kisugu-Victoria View
Tel: 0776125564 / 0706125564
Email: ahimbisibwejoshua4@gmail.com

President Henry Kirumira visiting Yoka Zone in Namuwongo with the Rotarian in waiting, Ms. Peace Bree while preparing for the installation of the fourth Water ATM Machine.







District Governor's Visit to Kisugu-Victoria View on the 31st August 2021

This year's visit was so different from all the other DG visits to our club. For starters this is a new era, change in the way we do things because of Covid-19, a new era of virtual communication. In this new normal we had anticipated to at least organize a hybrid visit and allow our DG to learn more about community.

The preparations were kick started by the service projects Chair and President, who were ever so committed to supervise and participate in the construction of our 4th ATM water meter in the community. It was our wish to have the DG launch this new water meter.

The service projects chair Dr. Paul Kiwanuka-Mukibi got his hands dirty, in preparation for the launch of the ATM water meter.



Professionals took over





President Henry Kirumira completed the Branding



The final Water Supply point

Unforeseeable changes hindered any sort of physical meet at the last minute so we had to look at option B on organizing the DGs visit. So we decided to bring our project of the Water ATM closer to our DG, so we captured the entire construction on camera and it was this that we used in our presentation to showcase our projects in the community.
Our highlights of the visit

i) We did install an ATM water point in Yoka, Namuwongo and the Water ATM Meter was supported by API our partners and Covid-19 funds.

ii) Recognition of three of KVV members for their contribution to TRF this year.

- **James Njoroge PHF**
- **Rita Balaka PHF +1 and**
- **Kenneth Barigye PHF +4.**

The DG virtually presided over this occasion.

iii) From our goal of **USD 3200**, the club had raised a total of **USD $1210** i.e. **$1150.00** for the Annual Fund and **$60.00** for Polio plus.

iv) Service Projects: We had anticipated to carry out one Global Grant and three locally funded projects,

v) Youth Services: Reported the formation of one Rotaract Club and 2 Interact Clubs

vi) Club Administration: Informed the DG that online Fellowship was at 52% attendance a concern to the DG

- PR informed the DG of her successes so far: Monthly Club Bulletin issued and branding was ongoing on all social media platforms
- Audited accounts for 2019/20 were completed
- District and Country dues fully paid
- Rotary Club of Kisugu-Victoria View is registered as a limited company and a member of Rotary Uganda
- Club qualification is in progress
- Monitoring & Evaluation: The M & E Report for July submitted to the District

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Rtn Dennis Kiggundu, President Henry Kirumira and Rtn Andrew Ssekadde



President Henry Kirumira fitting in his Cancer Run vest

FLYERS OF THE MONTH





Rotary
Kisugu-Victoria View

SERVE TO
CHANGE LIVES

DISTRICT GOVERNOR YOUNG KIMARO'S OFFICIAL VISIT



Board Meeting: 5:00 P.M.
Club Assembly : 6:00 P.M.

Date: Tuesday, 31 August 2021
Venue: Virtual Fellowship

Hosted by Buddy Group: Sekoko

zoom Meeting ID: 7152640917 Password: KVV538607

Rotary Club of Kisugu -Victoria View @KisuguVV www.KisuguVictoria View.org

Rotary
Kisugu-Victoria View

SERVE TO
CHANGE LIVES

OPPORTUNITIES FOR LOCAL INVESTORS TO GROW THEIR BUSINESSES

Guest Speaker
Hon. Maria Kiwanuka
Former Minister of Finance
General Manager, Radio One & Two



Date: Tuesday, 24 August 2021
Time: 7:00 P.M.
Meeting ID: 7152640917
Password: KVV538607

Hosted by Buddy Group: Sekoko

Rotary Club of Kisugu -Victoria View @KisuguVV www.KisuguVictoria View.org

Birthdays

Sara Mukasa	4th September
Phoebe Kisibo	22nd September
Joseph Mubiru	29th September

Anniversaries

Doris Mitti Kimuli	26th September
Joseph Mubiru	13th September

